

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
AG 1	5:45-7:30 PM (DRYLAND + SWIM)	5:45-7:30 PM (SWIM)	5:45-7:30 PM (DRYLAND + SWIM)	5:45-7:30 PM (SWIM)	4:30-6:00 PM (SWIM)	7:00-9:00 AM (SWIM)
AG 2	4:30-5:45 PM (DRYLAND + SWIM)	4:30-5:45 PM (SWIM)	4:30-5:45 PM (DRYLAND + SWIM)	4:30-5:45 PM (SWIM)	4:30-6:00 PM (SWIM)	7:30-9:00 AM (SWIM)
AG 3	4:30-5:30 PM (SWIM)	OFF	4:30-5:30 PM (SWIM)	OFF	4:30-5:30 PM (SWIM)	OFF
MASTERS	6:00-7:15 AM	OFF	6:00-7:15 AM	OFF	6:00-7:15 AM	OFF
JUNIORS		WHITE: 4:45-5:15 PM GOLD: 5:15-6:00 PM DYNAFIT: 6:00-7:00 PM		WHITE: 4:45-5:15 PM GOLD: 5:15-6:00 PM DYNAFIT: 6:00-7:00 PM		