

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
SENIOR	5:00-6:30 PM (DRYLAND + SWIM)	5:45-7:15 AM (SWIM)	5:00-6:30 PM (DRYLAND + SWIM)	5:45-7:15 AM (SWIM)	5:00-6:30 PM (SWIM)	7:00-9:00 AM (SWIM)	OFF
AG 1	5:00-6:30 PM (DRYLAND + SWIM)	5:45-7:15 AM (SWIM)	5:00-6:30 PM (DRYLAND + SWIM)	5:45-7:15 AM (SWIM)	5:00-6:30 PM (SWIM)	7:00-9:00 AM (SWIM)	OFF
AG 2	6:30-7:45 PM (DRYLAND + SWIM)	OFF	6:30-7:45 PM (SWIM)	6:00-7:15 AM (SWIM)	5:00-6:30 PM (SWIM)	9:00-10:15 AM (SWIM)	OFF
AG 3	4:30-5:30 PM	OFF	4:30-5:30 PM	OFF	4:30-5:30 PM	OFF	OFF
MASTERS	5:30-7:00 AM	OFF	5:30-7:00 AM	OFF	5:30-7:00 AM	OFF	OFF

****Practices held at Chamblee Pool**