

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
SENIOR	4:15-6:30 PM (DRYLAND + SWIM)	5:30-7:00 AM (SWIM)	4:15-6:30 PM (DRYLAND + SWIM)	5:30-7:00 AM (SWIM)	4:15-6:00 PM (DRYLAND + SWIM)	7:00-9:00 AM (SWIM)
AG 1	5:30- 7:30 PM (DRYLAND + SWIM)	4:30-6:15 PM (SWIM)	5:30-7:30 PM (DRYLAND + SWIM)	4:30-6:15 PM (SWIM)	4:15-6:00 PM (SWIM)	7:00-9:00 AM (SWIM)
AG 2	5:30-7:15 PM (DRYLAND + SWIM)	6:15-7:30 PM (SWIM)	5:30-7:15 PM (DRYLAND + SWIM)	6:15-7:30 PM (SWIM)	4:15-6:00 PM (SWIM)	7:45-9:00 AM (SWIM)
AG 3	4:30-5:30 PM (SWIM)	OFF	4:30-5:30 PM (SWIM)	OFF	4:30-5:30 PM (SWIM)	OFF
Masters	5:45-7:00 AM	OFF	5:45-7:00 AM	OFF	5:45-7:00 AM	OFF
Juniors	OFF	Guppies: 5:00-5:30 PM Dolphins: 5:30- 6:15 PM Sharks: 6:15-7:15 PM	OFF	Guppies: 5:00- 5:30 PM Dolphins: 5:30-6:15 PM Sharks: 6:15-7:15 PM	OFF	OFF