

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
SR 1	6:45-9:00 AM (SWIM) 2:30-5:00 PM (DRYLAND + SWIM)	6:45-9:00 AM (SWIM)	6:45-9:00 AM (SWIM) 2:30-5:00 PM (DRYLAND + SWIM)	6:45-9:00 AM (SWIM)	6:45-9:00 AM (SWIM) 2:30-5:00 PM (DRYLAND + SWIM)	7:00-9:30 AM (SWIM)	OFF
SR 2	OFF	6:30-9:00 AM (DRYLAND + SWIM)	6:45-9:00 AM (SWIM) 2:45-5:00 PM (SWIM)	6:30-9:00 AM (DRYLAND + SWIM)	6:45-9:00 AM (SWIM) 2:45-5:00 PM (SWIM)	8:45-11:30 AM (DRYLAND + SWIM)	8:45-11:00 AM (SWIM)
SR3	7:30-10:00 AM (DRYLAND + SWIM) 3:00-4:45 PM (SWIM)	7:00-9:00 AM (SWIM)	7:30-10:00 AM (DRYLAND + SWIM) 3:00-4:45 PM (SWIM)	7:00-9:00 AM (SWIM)	2:30-4:45 PM (DRYLAND + SWIM)	7:45-9:30 AM (SWIM)	OFF
AG 1 GOLD	OFF	8:45-11:15 AM (DRYLAND + SWIM)	4:45-7:00 PM (SWIM)	8:45-11:15 AM (DRYLAND + SWIM)	4:45-7:00 PM (SWIM)	8:45-11:30 AM (DRYLAND + SWIM)	10:45 AM - 12:45 PM (SWIM)
AG 1 GREEN	4:45-6:45 PM (SWIM + DRYLAND)	9:00-10:45 AM (SWIM)	4:45-6:45 PM (SWIM + DRYLAND)	9:00-10:45 AM (SWIM)	9:00-10:45 AM (SWIM)	9:30-11:30 AM (DRYLAND + SWIM)	OFF
AG 2 GOLD	4:45-6:45 PM (DRYLAND + SWIM)	9:00-10:45 AM (SWIM)	4:45-6:45 PM (DRYLAND + SWIM)	9:00-10:45 AM (SWIM)	4:45-6:45 PM (DRYLAND + SWIM)	9:30-11:15 AM OFF	OFF
AG 2 GREEN	OFF	9:00-10:30 AM (SWIM)	5:00-6:45 PM (DRYLAND + SWIM)	9:00-10:30 AM (SWIM)	5:00-6:45 PM (DRYLAND + SWIM)	7:45-9:15 AM (SWIM)	11:00 AM - 12:45 PM (DRYLAND + SWIM)
AG 3 GOLD	5:00-6:30 PM	11:00 AM - 12:30 PM	5:00-6:30 PM	11:00 AM - 12:30 PM	5:00-6:30 PM	11:15 AM - 12:45 PM	OFF
AG 3 GREEN	4:00-5:00 PM	12:30-1:30 PM	4:00-5:00 PM	12:30-1:30 PM	4:00-5:00 PM	12:45-1:45 PM	OFF
AG MULTI	TBD	TBD	TBD	TBD	TBD	TBD	TBD
MASTERS	5:45-7:00 AM 11:30 AM - 12:45 PM	5:45-7:00 AM	5:45-7:00 AM 11:30 AM - 12:45 PM	5:45-7:00 AM	5:45-7:00 AM 11:30 AM - 12:45 PM	6:30-8:00 AM	OFF