

Championship Meet Cuts Summer 2008

Women						Event		Men						
Sr St	Sect'ls	JuniorB	SC Nat	JuniorA	Open 08	Trials	Trials	Open 08	SC Nat	JuniorsA	JuniorsB	Sect'ls	Sr St	
30.99	28.69	27.29	27.29	27.69	26.59	26.39	50 free	23.49	23.59	24.19	24.59	24.79	25.79	28.09
1:07.99	1:01.89	1:00.19	58.89	58.79	57.29	57.19	100 free	51.59	51.79	52.99	53.49	53.99	56.69	1:01.39
2:23.19	2:12.39	2:09.09	2:06.99	2:06.49	2:03.69	2:03.39	200 free	1:52.59	1:53.39	1:55.69	1:56.69	1:58.09	2:01.69	2:13.39
4:59.79	4:39.99	4:30.69	4:25.59	4:24.89	4:19.49	4:19.39	400 free	3:59.99	4:01.29	4:05.89	4:07.19	4:09.79	4:21.58	4:41.09
10:15.19	9:33.79	9:15.99	09:04.09	09:03.49	8:55.19	8:50.49	800 free		8:23.09	8:29.79	8:32.29	8:40.79	9:02.89	9:39.39
19:37.29	18:18.49	17:46.69	17:21.39	17:20.49	17:06.69		1500 free	15:53.59	16:02.49	16:18.59	16:15.49	16:41.69	17:20.59	18:34.49
1:18.89	1:10.79	1:07.89	1:06.69	1:06.39	1:04.69	1:04.59	100 back	57.99	58.29	59.79	1:00.29	1:01.39	1:03.79	1:12.19
2:47.89	2:31.19	2:25.99	2:22.29	2:22.19	2:19.09	2:17.99	200 back	2:04.99	2:06.29	2:09.09	2:09.99	2:12.39	2:18.19	2:35.39
1:27.79	1:19.19	1:16.79	1:14.99	1:14.39	1:12.79	1:12.59	100 breast	1:04.69	1:05.29	1:06.79	1:07.89	1:10.09	1:11.29	1:20.99
3:08.99	2:50.69	2:44.99	2:41.59	2:40.79	2:37.19	2:35.99	200 breast	2:20.79	2:22.09	2:25.29	2:27.59	2:29.79	2:35.19	2:54.99
1:16.09	1:08.09	1:05.79	1:04.39	1:03.99	1:02.49	1:02.39	100 fly	55.59	55.69	57.19	57.79	58.89	1:00.99	1:09.09
2:44.69	2:28.29	2:24.19	2:20.29	2:20.99	2:16.89	2:16.69	200 fly	2:03.99	2:04.09	2:06.99	2:08.69	2:10.59	2:15.89	2:37.99
2:42.99	2:31.39	2:27.59	2:24.29	2:23.69	2:20.69	2:20.49	200 IM	2:07.39	2:07.99	2:10.59	2:11.59	2:13.59	2:18.69	2:30.89
5:42.69	5:18.59	5:09.69	5:03.39	5:03.69	4:56.99	4:55.89	400 IM	4:30.49	4:33.09	4:37.39	4:40.19	4:43.89	4:55.39	5:16.19
			4:01.49	3:59.99	3:54.79		400 FR		3:29.89	3:37.69	3:38.29			
			8:45.29	8:36.99	8:25.89		800 FR		7:44.99	7:59.89	7:54.99			
			4:30.49	4:26.19	4:19.39		400 MR		3:52.49	4:01.19	4:01.99			

Goals		How I am going to get there(splits):	How I am going to get there:
1			
2			
3			
Team Goal:			

NAME:

Junior B Cuts are the qualifying times for the Ultra Swim in Charlotte