

**OPEN WATER MEET – SANCTION GA**  
**Lake Lanier Olympic Canoe, Kayak and Rowing Venue**  
**AUGUST 1, 2010**

**Meet entries may be submitted by LSC only.**  
**Separate entries from individuals or clubs will not be accepted.**  
**All times are Eastern Daylight Time (EDT).**

**SANCTION:** Sanctioned by GA Swimming on behalf of USA Swimming.

**RULES:** Current USA Swimming rules will govern the Meet. Please see Part Seven of the USA Swimming Rules and Regulations for a complete list of Open Water Rules. This is a non-escorted swim, but will be patrolled by boat and kayak.

**HOSTED BY:** Dynamo Swim Club and GA Swimming

**MEET DIRECTORS:** Beau Caldwell and Maria Thrash

**OPEN WATER  
COORDINATOR:** Maria Thrash

**Safety Coordinator:** Maria Thrash

**MEET SITE:** Lake Lanier Olympic Canoe, Kayak and Rowing Venue  
3105 Clark's Bridge Road  
Gainesville, GA 30506

- There is a beach area with picnic tables for viewing
- There will be no concessions, but water will be available for swimmers and spectators

**OPEN WATER COURSE:** The following are the open water distances for each age group.

15-18:	2.0 miles
13-14:	1.5 miles
11-12:	1.0 mile

- All swims will begin and end in the water.
- There will be a designated warm-up/warm-down area.

**TIMING SYSTEM:** A fully automated timing system with timing chips(ankle) will be used. There is a \$50 (Fifty dollar) fine for lost timing chips.

**OPEN WATER SCHEDULE:**

**EVENT:** Sunday, August 1, 2010  
7:30 AM Registration/Check-in  
8:00 AM warm-up  
8:45 AM Mandatory swimmers' meeting/briefing  
9:00 AM Competition starts- Age groups will be staggered.  
Schedule will be announced at the General Meeting.

**SAFETY/WARM-UP**

- PROCEDURES:** A. Different colored swim caps will be issued to athletes in each age group so that the meet management can monitor the swimmers' progress through the course.  
B. The course will be patrolled by qualified personnel.
- LSC REPRESENTATIVE:** Each LSC must have a representative to act as a liaison between the LSC and the Meet Director. That person must be identified to the Meet Director at Registration/Check-in.
- ATHLETE ATTITUDE: CODE OF CONDUCT and MEDICAL RELEASE** sample forms are included with this Meet Information. If the LSC does not have its own form(s), these may be duplicated and signed by each athlete and his/her parent(s). Each LSC's representative must make these documents available to the host. The Code of Conduct will be enforced.
- ELIGIBILITY:** A. Membership: All athletes must be year round (not seasonal) USA Swimming members with the LSC they represent.  
B. Swimmer's Age: Age of swimmer on August 1, 2010 shall be the age for competition.  
C. Qualifying Time/Eligibility: Swimmers must qualify for and be entered in a pool event at the current Zone Championship Meet, whether in an individual event or relay event.  
**DISABLED SWIMMERS:** Please indicate on the entry form any special needs for those athletes requiring assistance. Also please inform the Meet Referee of those needs prior to the start of the meet.  
**ENTRY RESPONSIBILITY:** The coach, swimmer, or swimmer's representative who enters any Southern Zone Championship Meet attests that all times on the entry form are true and correct achieved qualifying times for each event entered and that all entered swimmers are eligible under current governing rules. He/she assumes all responsibility for false or incorrect times or times which are unacceptable under USA Swimming or Southern Zone rules and shall be assessed a \$100 (One hundred dollar) penalty payable to the Southern Zone for each false or incorrect entry unless absolved of the fine by the elected officers of the Southern Zone, their designee, or a Board of Review.
- ENTRY FEES:** \$25.00 (Twenty dollars) per open water event  
**Make check payable to: Dynamo Swim Club  
(amount may be included with Pool entry check).**
- ENTRY CHAIRMAN:** Send entries to: [Jason Turcotte](#)
- ENTRY DEADLINE:** Open Water entries must be submitted electronically, along with the pool entries, to the host entry chairperson electronically by **NOON EDT Monday, July 26, 2010.**  
**There will be NO on-site entries at this meet.**
- ENTRY PROCEDURES:** Each LSC must submit its Open Water entries as one team, using the LSC as the club designation. All individual entries shall be consolidated and submitted as one entry. Separate entries from individuals or clubs will not be accepted. The LSC entry chair shall verify times before submitting the entries to host. The open water entries shall be a separate file from the pool entries.
- SEEDING/CONDUCT:** All swimmers must report to the registration area before they swim to receive a timing chip, body marking, cap, and wave number.
- Please make sure that fingernails and toenails are trimmed and all jewelry and watches are removed prior to morning registration.
  - There will be no penalty for scratching.
  - Athletes must notify the Clerk of Course and return their timing chip if they decide to scratch from their event after completing registration.

- No swimmer shall be allowed to use or wear any device that may be an aid to his/her speed.
- Swimmers will start in the water.
- Each age group (and possibly gender) will start separately.
- Colored caps will differentiate the age groups.

**DISQUALIFICATION**

**PROCEDURES:**

A. **First Infringement:** A yellow flag and a card bearing the swimmer's number shall be raised by the Referee to indicate and to inform the swimmer that he/she is in violation of the rules.

B. **Second Infringement:** A red flag and a card bearing the swimmer's number shall be raised by the Referee to indicate and to inform the swimmer that he/she is, for the second time, in violation of the rules. The swimmer shall be disqualified. He/She must leave the water immediately and be placed in an escort craft and take no further part in the race. The Referee may disqualify a swimmer without prior warning if in his opinion the action of the swimmer is deemed to be unsportsmanlike.

**TIME LIMITS:**

All swimmers must finish within 30 minutes of the first swimmer to finish the race in their heat in order to place or score points.

**ABANDONMENT:**

Where emergency conditions require a race to be halted before it is completed, the race shall be restarted at the earliest possible time and the full distance completed. A Meet Committee will be convened if indicated.

**SCORING:**

Open Water events: 20, 17, 16, 15, 14, 13, 12, 11, 9, 7, 6, 5, 4, 3, 2, 1  
(scored separately from the Pool events)

**AWARDS:**

A. Individual Open Water events: 1-8 place: medals; 9-16 place: ribbons  
B. Team Awards: Open Water events: 1st place combined points.

**AWARDS CEREMONY:**

The awards ceremony for the Open Water events will be conducted at Lake Lanier immediately after the conclusion of the final Open Water event.

**Directions:**

From Atlanta/Georgia Tech:

- Take 85 North to 985 North
- Take exit #24 to Gainesville
- Turn left off the exit (Jesse Jewel Parkway)
- Turn Right at Limestone Road (this will be the second light)
- Turn right on Clark's Bridge Road and you will see the lake and venue on your right.
- Address is: 3105 Clark's Bridge Road/Gainesville, GA 30506
- Attraction: We suggest spending the day at the Chattahoochee Rapids Beach and Water Park. [Click here](#) for more information.

OPEN Water Events  
Sunday August 1, 2010  
8:00 AM Warm-up/9:00 AM Competition

<b><u>Girls</u></b>		<b><u>Boys</u></b>
OW1	15-18	OW2
OW3	13-14	OW4
OW5	11-12	OW6